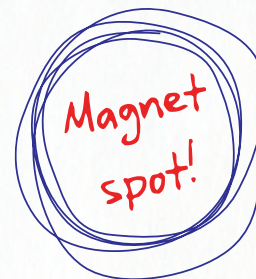


# All you need to know!



## Monday

### Little Splatters Drop-In 9.30 - 11.00

A morning full of mess for you and your children. Don't wear your best clothes! Looking for Childcare or a career in Childminding? Trio Network Childminders attend this session so come along to find out more.

### Health Visitor Drop-In 11.00-12.00

Childrens Centre Health Visitor Sally Godwin available for advice on feeding, sleeping, healthy start vitamins or maternal health. Antenatal Workshop

### YAPP 12.00 - 1.30

This is a weekly group for young parents or expectant parents under the age of 23 to meet for support, learning and to make new friends. Includes a light lunch.

### Baby Bundle 2.00 - 3.30

Do you have a baby under the age of 1 year? Come and join us for a cup of tea and an opportunity to meet with other parents.

### Antenatal Breastfeeding Workshop 6.30-8.30

First Monday of the month.

## Tuesday

### Caldecott Tots 9.00 - 10.00

Held in the Childcare Unit next to Caldecott Nursery.

### Parent Led Drop-In 9.30 - 11.00

Parents join together to organise a fun session of activities for their children.

### Little Pop Stars Music and Movement 11.00 - 12.30

Children love playing instruments and learning new songs and rhymes. Great fun for adults and children alike. Come along and join in the beat. Light lunch served at 12.00.

### Baby Lunch Box 12.30 - 2.30

The Children's Centre Health Visitor, Sally Godwin, will be on hand to offer a relaxed and informal session for new parents, giving help and support with breast feeding as well as advice with any other feeding issues.

## Wednesday

### Caldecott Tots 9.00 -10.00

Held in the Childcare Unit next to Caldecott Nursery.

### Downs Syndrome Oxford Early Development Group 9.45 - 12.30

Sessions for pre school children to develop speech and social skills. Referral only - contact [www.dsoxford.org.uk](http://www.dsoxford.org.uk)

### Little Sparklers 10.00 - 11.30

A mutual support group with visiting therapists for families who have children with additional needs.

### After School Drop-In with Arts and Crafts 3.00 - 4.30

Join us after school for this family drop-in session. Have fun together experimenting with paints, glue and messy things.

## Thursday

### Trio Childminder Drop-In 9.15 - 12.00

Held in the Children's Centre. Trio Childcare Development Worker is on hand to answer all your queries about childminding.

### Little Chefs Drop-In 10.00 - 11.30

Come and enjoy the many activities including simple cooking. The Trio Network Child Minders will join this session on the first Thursday of each month to answer any questions about childminding. Parents/Carers and their children are welcome to stay on after the session until 12.30 and bring a packed lunch.

## Friday

### Crèche 9.30 - 11.30 (term time)

Do you need a couple of hours to yourself to go shopping or chill out? Why not leave your child in the care of our fully qualified staff. There is a small charge of £3.50 per session or £6 for two children from the same family. Please book to avoid disappointment.

## Saturday

### Saturdays 10.00-1.00

7th, 21st Jan, 4th, 18th Feb, 3rd, 17th 31st March. Open to all male carers with their children with fun activities for you to do together. Includes a light lunch.

### Family Fun on Saturdays 10.00 - 1.00

14th, 28th Jan, 11th, 25th Feb, 10th 24th March. Come along as a family and share some fun activities together. Light lunch served at 12.00.

Give us a call on

01235 555 524

for any further info!

See more of our  
programme at:

[www.pactcharity.org](http://www.pactcharity.org)



Search for 'South Abingdon Children's Centre'

All information parents share with staff will be confidential and not shared with any other agency/individual without parental permission. However, we have a responsibility to protect the children in our care and in matters of safeguarding children, when there is a concern regarding a child's welfare, it may be necessary to consult the Assessment Team in Social Care prior to discussing the matter with parents. This programme is subject to change during school holidays please contact the Centre for more details.

To do....



PARENTS AND CHILDREN TOGETHER



## What else do we do here at South Abingdon Children's Centre?

Alongside our programme we run lots of other courses, activities and services:

- Childcare for 0-5 years provided by TRIO Childminding Network and Caldecott School
- Baby Massage Courses
- Postnatal Courses
- Weaning and Antenatal Breast Feeding Workshops
- Parenting Courses
- Fitness Classes for Parents and their Children
- ICT Courses
- Vitamins for pregnant women and children under 5 years old
- Information and support on claiming Healthy Start vouchers
- Sensory Room Available

For information on these and any other courses, activities and services we may be running please call Reception on 01235 555524.



# What's on at South Abingdon Children's Centre

Spring 2012



## Health Visitor and Midwife Service

We now have a Children's Centre Health Visitor as well as a local Midwife available throughout the week for support and breast feeding advice. Please call the Centre for details.

## Family Support

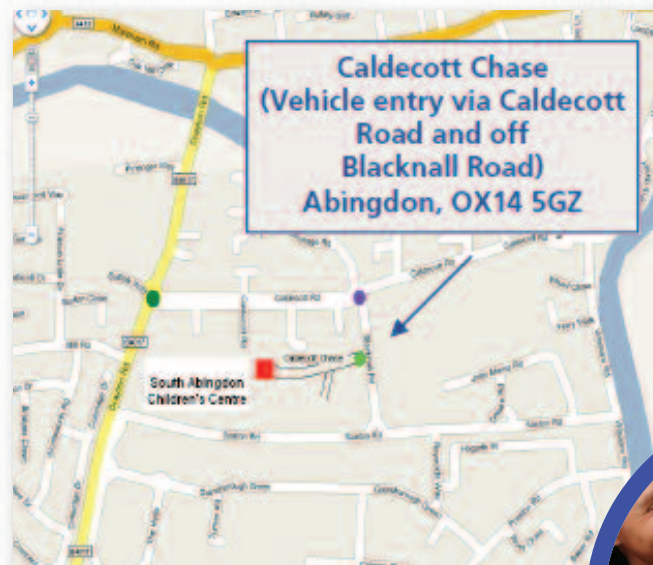
We can give advice, information and support on a range of issues including housing, benefits, childcare, parenting, education etc. Please ask a member of staff.

All activities are free unless otherwise stated but all donations for food and drink are welcomed.

Abingdon Minor Injuries Unit  
(out of hours Doctor)  
01235 205700

See more of our  
programme at:  
[www.pactcharity.org](http://www.pactcharity.org)

## Finding us



Give us a call on  
**01235 555524**  
for any further info!



NHS direct 0845 4647  
Library 520374



Search for 'South Abingdon Children's Centre'

Tax credits Helpline 0845 300 3900

Family Info Service 08452 26 26 36

CAB 08444 111 444



Children's Centres  
for families in Oxfordshire

**Sure Start**

Registered Charity Number: 285214