

What does Wallingford Children's Centre offer?

Wallingford Children's Centre is for children under five and their families, and offers a variety of services that families may need to thrive and make the most of life's opportunities, whatever their background or circumstances. We deliver sessions in various locations in Wallingford and the surrounding area.

Our activity programme varies during the year but includes:

- Learning opportunities through play for children and their parents
- Advice, support and learning opportunities for parents and carers
- Just for Dads, a group for fathers and their children

Family Support

We have a team of family support staff based at the Children's Centre. If you have a child under five and you need support with any of the following please ask to speak with a member of the family support team:

- Emotional issues
- Relationships
- Domestic abuse
- Substance or alcohol abuse
- Financial/Benefits support
- Housing
- Parenting
- Concerns about your children

Parent Representatives

We are currently seeking parents to be involved in our Parent Forum. This group of parents help us to plan events and activities for the future to ensure that the Children's Centre meets the needs of families in Wallingford. We encourage parents to voice their opinions on the delivery of current activities, propose future activities and any other relevant issues that may arise. No experience is necessary to be involved, just enthusiasm and a commitment of a meeting once a term. If you are interested in becoming involved, please contact the Service Coordinator on 01491 835179.

Can I be a volunteer?

We have a number of opportunities for anyone wishing to get experience of working in a children's centre. Opportunities for volunteers can include supporting staff in running groups and helping with administration in the office. Volunteering gives you the chance to meet new people, learn new skills and have the opportunity to get work-based experience which could help you gain employment. If you are interested in getting involved, please contact the Service Coordinator on 01491 835179.

Safeguarding statement: All information parents share with staff will be confidential and not shared with any other agency/individual without parental permission. However, we have a responsibility to protect the children in our care and in matters of safeguarding children, when there is a concern regarding a child's welfare, it may be necessary to consult the Assessment Team in Social Care prior to discussing the matter with parents.

what's on at Wallingford Children's Centre

Spring 2012



Main Office:

8a Castle Street
Wallingford
OX10 8DL

Email: wallingford@pactcharity.org
Web: www.pactcharity.org/wallingford

Our main office is open Monday-Thursday 9.00-5.00, and 9.00-4.00 Fridays, so if you have an enquiry please pop in and see us or give us a call.

Off-site Venues:

The Scout Hall
Wallingford Road
Cholsey, OX10 9LG

RAF Benson
Community Centre
Wallingford, OX10 6AA

The Masonic Hall
Goldsmith's Lane
Wallingford, OX10 0DU

Ridgeway Church
21b-22 St Mary's Street,
Wallingford, OX10 0EW
(Please do not use book shop for access, please use Wood Street Entrance.)

Give us a call on
01491 835179
for any further info!



Children's Centres
for families in Oxfordshire

SureStart

Registered Charity Number: 285214

All you need to know!

Monday

Pop in and Play 9.15am – 11.15am

An open session where you and your child(ren) can stay and play together and enjoy the variety of activities available.

Masonic Hall, Wallingford

Playbox 9.30am – 10.30am

A fun session for children aged from 18 months – 3 years, focussing on speech and language development through playing games and singing; with good ideas for activities from Speech and Language Therapists as well as Early Years specialists.

Ridgeway Church, Wallingford

Little Chefs 1.45pm – 2.45pm

An opportunity for you and your child to get creative with food. Using easy and affordable recipes that can be used at home. Booking is essential - book before Tuesday lunchtime for the following weeks session - please call the Children's Centre on 01491 835179.

Wallingford

WINSPIRE - Autistic Spectrum Group 7.30pm – 9.30pm

First Mon of the month, starting 9th January. This is an informal group of parents and carers of children who are on the Autistic Spectrum. This group will be held on a monthly basis and led by a Family Support Worker from the Autism Family Support project. For more information please phone Nikki on 01491 835179.

Wallingford

Tuesday

Just the 2 of Us 9.30pm - 10.30pm

A fabulous group that allows you to spend quality time and strengthen bonding with your baby while aiding posture, digestion and relaxation through massage. Led by our qualified Therapeutic Touch practitioners. This is a six week course. Please book a place by calling the Children's Centre on 01491 835179.

Ridgeway Church, Wallingford

Physical Fun 11.00am – 11.45pm

This fun packed session is an opportunity for you and your children to come and participate in a variety of physical activities.

Masonic Hall, Wallingford

Wednesday

Well Child Clinic 9.30am – 11.00am

An opportunity for RAF families to participate in various activities with their children. This session runs alongside the Health Visitors clinic.

RAF Benson Community Centre

Reflections 9.30am – 11.00am

By invitation only. Contact the Children's Centre for more information on 01491 835179.

Ridgeway Church, Wallingford

Children's Centre Mobile 1.00pm – 2.00pm

An opportunity for the children to participate in varied activities in the CCM. The mobile will be available on alternate weeks starting January 11th.

Blue Mountains, Wallingford

Messy Play 3.15pm – 4.15pm

Come and have fun with your family with a focus on sensory play. Please come prepared for mess! (Open to all as long as there is an under 5 attending).

Cholsey Scout Hall

Webster-Stratton Parenting Programme 7.00pm – 9.00pm

A ten week programme focusing on strengthening parenting skills. Please contact the Children's Centre if you would like any further information on 01491 835179. The next programme starts February 22nd.

8a Castle Street, Wallingford

Thursday

Bumps and Bundles 10.30am – 12.00pm

Come along to this session for expectant parents and parents of pre-walkers, for a chance to socialise and play with your child(ren) in a safe environment.

Ridgeway Church, Wallingford

Baby Lunchbox 12.00pm – 1.00pm

Need help or support with breast feeding? Come along and join one of our trained advisers who will be happy to help you.

Ridgeway Church, Wallingford

Smoking Cessation Drop-in 1.00pm – 3.00pm

Talk to one of our Stop Smoking Advisors who can provide you with one to one advice and support. Either make an appointment or just pop in.

8a Castle Street, Wallingford

Just4Dads Playtime 1.30pm – 3.00pm

By Invitation Only. A session dedicated to dads and male carers in and around Wallingford. Want to know more? Talk to Steve (Dads worker) on 01491 835179.

Ridgeway Church, Wallingford

Friday

Rhyme Time 10.30am – 11.00am

Sing rhymes and play instruments at this fun filled session.

**Last Friday of the Month
Wallingford Library**

Saturday

Just4Dads 10.00am – 12.00pm

Calling all Dads, Grandads, Uncles and other male carers! Just4Dads is a session especially for you. Come along for a free bacon sandwich and as much tea and coffee as you can drink. This is a great opportunity to speak to other local dads and spend some quality time playing with your child(ren). Transport between Wallingford and Cholsey may be provided. Please contact Steve on 01491 835179 or 07584 489226 for details.

**1st and 3rd Sat of every month.
Cholsey Primary School**

Wallingford Toy Library 10.30am – 12.00pm

Toy hire for Children with additional needs. 1st Saturday of the month.

Wallingford Community Hospital

Messy Church 2.00pm – 4.00pm

A chance to get messy and have fun with your child(ren).

**3rd Sat of every month.
Laurence Hall, Cholsey**

Interested in joining our Fundraising Committee?

PACT in Wallingford is a local charity. As well as running the Children's Centre we are also working with the Town Council to provide youth services too. In order to continue with these endeavours we need to raise funds and are looking for a core group of people to help us.

Could you commit to a couple of hours every 2 months? Do you have loads of ideas? Would you be prepared to help run a fun event for the local community?

If the answer to any of these questions is "yes", please give us a call!

Give us a call on
01491 835179
for any further info!



search for "Wallingford Children's Centre"



@WallingfordCC



PARENTS AND CHILDREN TOGETHER