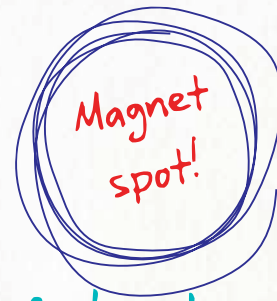


All you need to know this Spring!



Monday

Saplings – 10-11.30

(Commences after February half term)
Parent/child group for pre-school children with additional needs. Run by staff from the Early Years SEN Inclusion Teachers team. Referral only – please contact us if you think you would like to attend this group.
Contact: Lynette.sharman@oxfordshire.gov.uk or Pam.parsons@oxfordshire.gov.uk. 01993-706460
Location: Witney Children's Centre, West Witney School site

Starting Pre-School Sessions 9.15-10.30

(Commences after February half term). Is your child starting pre-school in April 2012? This group helps children prepare for pre-school over a six week period. For more information please contact Helen Hambidge or Mel Knapt on 01993 774721/771298
Location: Radford Room, Witney Methodist Church

Rhythm & Rhyme 11.30-12.30

Early rhymes and songs help babies and toddlers to tune into the sounds of language which will help with their communication and language development. Come along to this interactive session, explore our song sack and enjoy rhymes old and new with your child. Lunchtime snack provided or bring your own.
Location: Radford Room, Witney Methodist Church, central Witney

Speech and Language Advice Drop-In, Dates to be confirmed

Do you have any concerns about your child's speech and language? A speech and language therapist will be here during this session to answer any questions you have.

Speech and Language Therapy, Playing with Words, 1.15-2.15

Parent workshop followed by 5 group sessions – referral only.
Starts 23rd January

Speech and Language Therapy, Playing with Sounds, 2.30-3.30

Parent workshop followed by 5 group sessions – referral only.
Starts 23rd January
Location for all sessions: Radford Room, Methodist Church, central Witney

Pre-birth Group 4.15-5.30

A four-week course preparing mothers and fathers for the first weeks after the birth of their baby. Sessions include vital information about feeding, bathing, sleep and relaxation. Please book your place with Kerry Saxton at the Children's Centre.
Location: Witney Children's Centre, West Witney School site

Twilight Dad's Group 4.00-5.30

(Commences after February half term). Run by our Dad's support worker this session is an opportunity for Dad's and their children to come along and experience activities together. Advice and support about your children/family/parenting and finding a job is available.
Location: Radford Room, Methodist Church, Witney

The Incredible Years Parenting Course – 6.00-8.00

Commences on 16th January
A Parenting Programme for the parents of children aged 2-8 years. It is used to strengthen parenting skills. Please contact us for more information.
Location: Witney Children's Centre, West Witney School Site

Tuesday

Grandparents Group 9.30 - 11.30

A chance for grandparents who care for their grandchildren to get together to swap ideas and experiences, whilst offering development opportunities to the children. Open to all ages and stages.
Location: Radford Room, Methodist Church, central Witney

Mini Multiples 9.00-11.00

Are you expecting more than one baby? Are you a parent/carer of twins/multiples then why not come along to our group? We offer play and craft activities for your children and an opportunity to meet others in the same situation as you.
Location: Witney Children's Centre, West Witney School Site

Now I am 2! 12.30-2.30

2's don't have to be terrible!! Calling all 2 year olds this one is just for you. Come along and have fun exploring and playing with others. A snack will be provided.
Location: Witney Children's Centre, West Witney School Site

Yummy Mummies and Delicious Daddies 12.30-2.30

A fun activity session for young parents aged under 22 and their children. A snack will be provided.
Location: Radford Room, Witney Methodist Church

Wednesday

Messy Play 9.00-10.30

Come and join us at this fun and interactive messy play session. This session is most suitable for children aged over 1.
Location: Witney Children's Centre, West Witney School Site

Family Stay and Play 9.00-10.30

Play and learning opportunities for you and your child to experience together. A snack will be provided during the session
Location: Radford Room, Methodist Church, central Witney

HENRY (Health, Exercise and Nutrition for the Really Young) 12.00-2.30

This 8 week course is designed to give parents the tools and skills they need to have a healthier family lifestyle. A crèche is available for attendees of this course.
For more information please contact Helen Hambidge on 01993 771298
Location: Radford Room, Methodist Church

Thursday

Childminders Drop-in 9.30-11.30

(Commences after February half term)
Are you a childminder or registering as a childminder in the Witney area? This group offers childminders a chance to get together with the children that they care for to share ideas, inspiration and support.
Location: Witney Children's Centre, West Witney School Site

Baby Stay and Play 9.30-11.00

Do you have a baby under 18 months? Come and join us for a hot drink and take the opportunity to meet with other parents of young children.
Location: Radford Room, Witney Methodist Church, central Witney

Well Child Clinic 9.15-11.15

Come along to this open clinic. A member of the Health Visiting team will be on hand to advise on family and child health issues.
Location: Wesley Room, Methodist Church, central Witney

Post Natal Group 11.30-12.30

This 4 week course commences the FIRST Thursday of each month and is run by the Health Visiting Team. Come along and meet with other new mothers in Witney. No need to book, just turn up.
Location: Radford Room, Methodist Church, central Witney

Lunch Stop Breast Feeding Support Group 12.30-2.00

Lunch stop is where pregnant and breastfeeding mothers can meet up in a relaxed and friendly atmosphere to get advice and support on breastfeeding. Please bring your own lunch.
Location: Radford Room, Methodist Church, central Witney

Friday

S.P.A.C.E 9.30-11.30

A support group for parents of disabled children, children with impairments and children that receive additional support in school or pre-school. The Children's Centre will be providing activities for children at this group on a monthly basis. Please contact witney@pactcharity.org or Sharon 01993 881134 or Debbie 07810 862072 for more information. Term time only.
Location: Springfield School

Bumps, Balls and Breathing 9.30-10.30

£3 per session
Run by a qualified antenatal teacher, these pregnancy classes combine breathing, visualisation and relaxation techniques with the opportunity to practise different labouring positions and gentle stretching exercises using a birthing ball. Please contact Sarah Boyd on 07909 545484 for more information or to book a place.
Location: West Witney School site

Baby Massage 11.30-12.30 £15

Learn how to massage your baby for health, happiness and bonding in this five week course. Courses start on the 6th January and 24th February. For children aged 4 weeks to crawling. Please contact the children's centre to book your place. There is a charge for this course – funding is available for parents on low incomes.
Location: West Witney School site

Weaning Group 11.00-12.00

This group is held on the first Friday of each month and is run by the local Community Nursery Nurse. This group is most suitable for babies over 4 months.
Location: Radford Room, Methodist Church, central Witney

Welcome to Witney 1.00-3.00

This session is held on the first Friday of the month (6th January, 3rd February and 2nd March) for families who are new to the Witney area or have just had a baby. Come along and find out about your local Children's Centre and the services we provide.
Location: Witney Children's Centre, West Witney School Site

Saturday

Saturdads Group 9.30-11.30

This session meets on the 2nd and 4th Saturday and is open to all male carers. We offer a variety of fun activities for you to do together with your children. Advice and support is also available from our Dads worker. For more information please telephone 01993 771298
Location: Witney Children's Centre, West Witney School site

Working Families Drop-in 9.30-11.30

(Commences in February). Are you working full or part time and unable to take part in toddler groups during the week. Do you have a child or children aged between 0 and 5. This family session is held on the first Saturday of the month. Come along and enjoy a variety of activities for you and your child to experience together. Snack will be provided.
Location: Witney Children's Centre, West Witney School Site

Give us a call on
01993 774721
or 771298
for any further info!



facebook.com/PACT Witney Children's Centre



PARENTS AND CHILDREN TOGETHER

What does Witney Children's Centre offer?

Witney Children's Centre is for children under five and their families, and offers a variety of services that families may need to thrive and make the most of life's opportunities, whatever their background or circumstances. We deliver sessions in various locations across Witney.

Our activity programme varies during the year but includes:

- Play times for children
- Advice, support and learning opportunities for parents and carers
- Health services such as the well child clinic
- Saturdays, a group for fathers and their children

Family Support

We have a team of family support staff based at the Children's Centre. If you have a child under five and you need support with any of the following please ask to speak with a member of the family support team:

- Emotional issues
- Relationships
- Domestic abuse
- Substance or alcohol abuse
- Financial/Benefits support
- Housing
- Parenting
- Concerns about your children

Support is provided on a one to one basis and can be in your own home or at the Children's Centre.

Parent Representatives

We are currently seeking parents to be involved in our Parent Forum. This group of parents help us to plan events and activities for the future to ensure that the Children's Centre meets the needs of families in Witney. We encourage parents to voice their opinions on the delivery of current activities, propose future activities and any other relevant issues that may arise. No experience is necessary to be involved, just enthusiasm and a commitment of a meeting once a term. If you are interested in becoming involved, please contact the **Service Coordinator** on 01993 771298.

Working in Partnership!

We work in partnership with a range of professionals in health, education, social care and the voluntary sector. Many of our partners run groups from the Children's Centre for our families. Professionals can get involved by attending our Partnership Steering Group. This group meets once a term to help manage and shape the work of the Children's Centre. For more information about working in partnership with the Children's Centre, please contact **Vivienne Hoskins** on 01993 771298.

Can I be a volunteer?

We have a number of opportunities for anyone wishing to get experience of working in a children's centre. Opportunities for volunteers can include supporting staff in running groups and helping with administration in the office.

Volunteering gives you the chance to meet new people, learn new skills and have the opportunity to get work-based experience which could help you gain employment. If you are interested in getting involved, please contact the **Service Coordinator** on 01993 771298.

What's on at Witney Children's Centre

January -
March 2012

PACT
PARENTS AND CHILDREN TOGETHER



Main Office for enquiries:

PACT Children's Centre Office,
Methodist Church, High Street, Witney, OX28 6HG

Tel: 01993 774721

Email: Witney@pactcharity.org

Web: www.pactcharity.org/witney

Children's Centre Activities held at:

Radford Room & Wesley Room
Methodist Church, High Street, Witney, OX28 6HG

West Witney Primary School
Edington Road, Deer Park, Witney, OX28 5FZ

Springfield School
Cedar Drive, Witney, OX28 1AR

Tax credits Helpline 0845 300 3900

Library 01993 703659

NHS direct 0845 4647

Give us a call on
01993 774721
or **771298**

 [facebook.com/PACT Witney Children's Centre](https://www.facebook.com/PACTWitneyChildrensCentre)

Family Info Service
08452 26 26 36

CAB 08444 111 444



Children's Centres **Sure Start**
for families in Oxfordshire

Registered Charity Number: 285214

Safeguarding statement: All information parents share with staff will be confidential and not shared with any other agency/individual without parental permission. However, we have a responsibility to protect the children in our care and in matters of safeguarding children, when there is a concern regarding a child's welfare, it may be necessary to consult the Assessment Team in Social Care prior to discussing the matter with parents

