PACT understands that all adopters and their children will need support from time to time. We want to help you to help your children develop to their full potential, so we provide a range of support services for adopters and their children.

**The Adopter Hub**
The Adopter Hub is an online 24/7 service to provide support and empower adoptive parents when they need it most. It is available free to PACT families at theadopterhub.org.

The service provides adopter peer support through online webchat and an adopter forum as well as learning opportunities through webinars, eLearning, and regular webcasts.

The Adopter Hub helps to improve confidence in parenting abilities, offers support outside of normal working hours and enables adopters to support each other in a safe, confidential and managed environment.

**Adopter Champions**
PACT has a team of adoptive parents trained to provide mentoring and support for people in the adoption process or families post-placement. Call 0300 456 4800 to request a call with an Adopter Champion.

**Strengthening Families Team**
PACT’s own therapeutically trained social workers offer a speedy response to PACT adoptive families who need support.

This can include helping adoptive families prepare for placement, exploring behaviours which are difficult to manage and providing strategies for adopters, working with families to determine what is behaviour and what is trauma and liaising with other professionals to ensure cohesive support.

The Strengthening Families Team can also assist with adoption support fund applications, provide an assessment of support needs and work alongside schools to support the child’s education.

Families can be referred by their social worker pre or post-placement. Sometimes families may need support several years after an adoption order is made, in this case they can self-refer. Please call 0300 456 4800.
Family and Children Therapeutic Support (FACTS)
Some children have experienced complex trauma prior to being placed for adoption. FACTS is PACT’s award-winning therapeutic support service tailored to meet the needs of individual children and young adults traumatised by their early experiences. The FACTS service supports children and their families to help them achieve their full potential.

The range of therapy services includes (but is not limited to) Theraplay®, clinical psychology, Dyadic Developmental Psychotherapy (DDP), therapeutic life journey work, creative play therapy, psychotherapy and filial therapy.

The FACTS service is open to PACT families. The cost for the therapeutic services can be met by:

- The local authority responsible for the child; or
- The Adoption Support Fund; or
- The adopters themselves

There is a small bursary available to PACT adopters which ensures no family goes without a service purely on grounds of cost. To access FACTS please call 0300 456 4800.

Other support for PACT families
PACT runs therapeutic parenting courses designed to promote attachments and strengthen family relationships. Other training provided by PACT covers a range of topics such as Keeping Adopted Children Safe Online, Supporting Your Child in School and Responding To Difficult Behaviour. See www.pactcharity.org/training

PACT holds Adoption Activity Events which are creative therapeutic sessions for the whole family and Adopter Support Groups for parents to make links with each other and to share experiences. See www.pactcharity.org/impact-groups

PACT holds Family Fun Days every year for all its adoptive families. The events are a chance for families to get together and share stories, make friends and have a fun day out! See www.pactcharity.org/pact-family-fun-day

PACT has a Specialist Education Service to support families and help meet their child’s unique educational needs

Contact us
Tel: 0300 456 4800
Email: info@pactcharity.org
Online: pactcharity.org theadopterhub.org

to build and strengthen families

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