Crèche Available for Under 5s
On Wednesdays 10.30am - 2.30pm from 13th September

Dates for Your Diary

New Drop-in Times -
12.30pm - 2.30pm on Monday, Wednesday and Thursday

Parenting ‘Just For You’ Course - The first module of this course run by Reading Borough Council starts on Wednesday 13th September at 10.30am

Assessments for New Directions Maths and English - Wednesday 13th September
12.30pm - 2.30pm

Provisional: Christmas Party -
Wednesday 20th December
12.30pm - 2.30pm

For new service users the best ‘first day’ is Monday drop-in

Food parcels, showers and toiletries are available on request

How to find us

2 Southern Court
South Street
Reading
Berkshire
RG1 4QS

Tel: 01189 217640
Fax: 01189 575008
alana.house@pactcharity.org
www.alanahouse.org
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What’s on at
Alana House
Women’s Community Project
Reading

Activity Programme: Sept - Dec 2017

@PACTcharity

PARENTS AND CHILDREN TOGETHER

2 Southern Court, South Street, Reading, RG1 4QS
Telephone: 0118 921 7640
Email: alana.house@pactcharity.org
Online: www.pactcharity.org/alana_house

The Oxford Diocesan Council for Social Work Inc is a Company limited by guarantee, registered in England (1636098) and is Registered Charity (No. 285214).
What we do

Alana House is an innovative women’s community project run by Parents And Children Together (PACT) that uses a holistic approach to support vulnerable women with complex needs.

Alana House provides information, support and advice to women across Reading and the surrounding areas to help with a wide variety of needs including domestic violence, poverty, mental health issues, substance misuse, housing, education, unemployment, debt and childcare.

Alana House Support Workers help women to identify their needs and work in partnership with them in one-to-one and group sessions, as well as signposting to partner agencies for specialist advice and support.

Sessions include Job Skills course, sewing, drugs and alcohol groups, literacy, and healthy relationships.

Alana House is a confidential, women-only and non-judgemental space. Services are of a high standard and subject to PACT’s complaints procedure.

Accessing support

Alana House welcomes all women who feel they need help and support.

If you would like to make a referral please download the referral form from www.alanahouse.org, call 01189 217640 or email alana.house@pactcharity.org.

Alternatively women can self-refer at drop-in sessions.

Monday

Job Skills Course: 11am - 12.30pm
Drop-in: 12.30pm - 2.30pm
Pop Quiz: Second Monday of the month at 1.30pm
Nostalgic Board Games: Third Monday of the month

Tuesday

Know Your Sewing Machine: 24th October - 28th November
10am - 12pm

Wednesday

Open Health & Education Session: 12.30pm - 2.30pm
Informal English Sessions during drop-in with Debbie from New Directions. On for 10 weeks starting 20th September
Parenting Course - run by Reading Borough Council, from 13th September at 10.30am
Reading Council Housing Needs Worker at drop-in bi-weekly
Sexual Health Nurse available for appointments at drop-in on the first Wednesday of the month

Thursday

IRIS Reading - Women’s Alcohol and Drug Support Group - 12pm - 2.30pm
Open Well-being Session: 12.30pm - 2.30pm
Coffee, Cake and Well-being: Activities and discussion
CommuniCare available for appointments on the first Thursday of the month for support with debt, benefits and form filling

Friday

Booked appointments only: 9.30am - 12.30pm

Please note the timetable is subject to change so please ask staff for details