



Parents And Children Together

Adoption Support Passport

Supporting PACT adoptive families for life

PACT understands that all adopters and their children will need support from time to time. We want to help you to help your children develop to their full potential, so we provide a range of support services for PACT adopters and their children.

"It's made such a difference knowing there is real support out there from people who have lived it, and totally understand our family situation."

A family after using CATCH

Children And Trauma Community Hub (CATCH)

CATCH is an online 24/7 service to provide **support and empower** adoptive parents when they need it most. It is available free to PACT families; visit catchconnect.org to request a login.



The service provides adopter peer support through online webchat and an adopter forum, as well as learning opportunities through webinars, eLearning and resources on a wide range of topics.

CATCH helps to improve confidence in parenting abilities, offers support outside of normal working hours and enables adopters to **support each other** in a safe, confidential and managed environment.

Adopter Champions

PACT has a team of adoptive parents trained to provide **mentoring and support** for people in the adoption process or families post-placement. Email adoptionssupport@pactcharity.org to request a call with an Adopter Champion.

"Sometimes you need someone who gets it, who's not a friend trying to say the right thing and getting it oh so wrong. The Strengthening Families Team get it!"

A PACT family after support from the Strengthening Families Team

Strengthening Families Team

PACT's own therapeutically-trained social workers offer a **speedy response** to PACT adoptive families who need support.

This can include helping adoptive

families prepare for placement, exploring behaviours which are difficult to manage and providing strategies for adopters, working with families to determine what is behaviour and what is trauma and liaising with other professionals to ensure cohesive support.

The Strengthening Families Team can also assist with adoption support fund applications, provide an assessment of support needs and work alongside schools to support the child's education.

Families can be **referred by their social worker** pre or post-placement. Sometimes families may need support several years after an adoption order is made, in this case they can self-refer by emailing adoptionssupport@pactcharity.org.



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@pactcharity | www.pactcharity.org

0300 456 4800 | adoptionssupport@pactcharity.org

PACT is the trading name of the Oxford Diocesan Council for Social Work Inc, a Company limited by guarantee, registered in England (No. 1636098). Registered Charity (No 285214)



Education Support Service

The Education Support Service works with adoptive families and schools to raise awareness of the impact of trauma on development and behaviour, and advise on tools and strategies to **improve educational outcomes**. To find out more, visit pactcharity.org/education.

Family and Children Therapeutic Support (FACTS)

Some children have experienced **complex trauma** prior to being placed for adoption. FACTS is PACT's therapeutic support service tailored to meet the needs of individual children and young adults traumatised by their early experiences. The FACTS service supports children and their families to help them achieve their full potential.

The range of therapy services includes (but is not limited to) **Theraplay®**, **clinical psychology**, **Dyadic Developmental Psychotherapy (DDP)**, **therapeutic life journey work**, **creative play therapy** and **psychotherapy**.



"Thank you all for being amazing and going above and beyond! I don't think we would have got this far without the psychotherapist working with S."

A family after using FACTS

The FACTS service is open to PACT families. The cost for the therapeutic services can be met by:

- The local authority responsible for the child; or
- The Adoption Support Fund; or
- The adopters themselves

To access FACTS please email facts@pactcharity.org.

Other support for PACT families

PACT runs **therapeutic parenting courses** designed to promote attachments and strengthen family relationships. Other training provided by PACT covers a range of topics such as *Keeping Adopted Children Safe Online*, *Supporting Your Child in School* and *Responding To Difficult Behaviour*. Find out more at pactcharity.org/training.

PACT holds **adoption activity events** which are creative therapeutic sessions for children and **adopter support groups** for parents to make links with each other and to share experiences. **Adoptee Voices** provides a supportive space for teens and young adults who were adopted through PACT to meet our team and connect with other young people. See more at pactcharity.org/support-adopters and pactcharity.org/support-adoptees.

Once a year, PACT runs **Family Fun Days** for all of our adoptive families. The events are a chance for families to get together and share stories, make friends and have a fun day out!



Contact us

Tel: **0300 456 4800** | Email: adoptionssupport@pactcharity.org

Online: pactcharity.org | catchconnect.org



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